

IMMUNOMODULATORY EFFECT OF FRESH JUICE OF Bambusa vulgaris YOUNG SHOOTS

A.A.D.N. Thathsarani, C.D. Jayasinghe, U.A. Jayawardena, N. Nilakarawasam*

Department of Zoology, The Open University of Sri Lanka

The therapeutic potential of bamboo has been validated amply though the immunomodulatory potential has been scarcely evaluated. The present study investigates the immunomodulatory potential of Bambusa vulgaris for developing potential drug leads in the future. The immunomodulatory potential of fresh juice of Bambusa vulgaris young shoots (FJBV) using Wistar rats (N=6/group), orally administered with 3 doses of FJBV - low dose (LD-0.25 ml) 400 mg/kg, human equivalent dose (HED-0.5 ml) 800 mg/kg and high dose (HD-1 ml) 800 mg/kg - once daily for 2 consecutive days while distilled water was used for normal control (NC). Cyclophosphamide via oral route for positive control (PC-1ml) 10 mg/kg. Prescribed traditional dose (30 ml/day) was used to determine HED. Non-functional and functional immunological parameters elicited a significant immunomodulation with FJBV. Lymphocyte to neutrophil ratio was significantly low for LD (p<0.05). Rat platelet counts and bone marrow counts were reduced for all three doses at post-treatment testing. Among them, significant platelet reduction was observed by HD (p<0.05) and for bone marrow by both HED and HD (p<0.05). Contrary, splenocyte counts were increased for all three doses of FJBV and a significant increment was observed for HD (p<0.05). Functional response for phagocytic activity was lowered due to FJBV doses and significantly lowered for HED and HD (p<0.05). Acute oral toxicological evaluation of FJBV challenges the safe administration of fresh juice for a longer period since it was implicated with a nearly significant haematotoxicity, and immunotoxicity. The findings of the present study provide ample verification of the traditional claim and health benefits of the FJBV young shoots as an immunomodulator.

Keywords: Immunomodulatory, *Bambusa vulgaris*, Acute Toxicity, Functional and non-functional

*Corresponding author: nnila@ou.ac.lk